



**CoolWrap Salad with Pineapple** 

## **Ingredients**

- 1/2 thinly sliced white cabbage
- 1/4 fresh pineapple
- 40 grams pine nuts
- 1/4 bunch fresh basil
- 4 tablespoons mayonnaise
- Pepper and salt

## **Directions**

- 1. Mix the finely sliced cabbage with the diced pineapple.
- 2. Roast the pine nuts in an over preheated to 330F and allow them to cool.
- 3. Add the mayonnaise, chopped basil and the cooled pine nuts to the salad.
- 4. Carefully mix the salad and season with salt and pepper.