



Tasti Chicken Tortilla

Ingredients

- 1/2 boneless skinless chicken breast
- 2 Tbsp. extra-virgin olive oil
- 1/4 cup freshly squeezed lemon juice
- 1 clove garlic, minced
- 1/2 tsp. fresh ground black pepper

• 1/2 Tasti-Lee tomato, cut into thin wedges.

Serving Size: 1

- 1/4 red bell pepper, cut into strips
- 1 to 2 green leaf lettuce leaves
- 1 flour tortilla
- Salsa roja & sour cream

Directions

- 1. Whisk olive oil, lemon juice, black pepper, & garlic in a small bowl.
- 2. Slice chicken breast into strips.
- 3. Add chicken strips to bowl with lemon mixture & toss until mixed well.
- 4. Heat a skillet on medium heat for 2 minutes.
- 5. Add chicken to skillet & cook until browned, about 5 to 10 minutes.
- 6. On flour tortilla, lay down green leaf lettuce, then add chicken, bell pepper, & tomato. Top with salsa roja, to taste.
- 7. Wrap it up, garnish with mint, & serve with side of sour cream!